

GAMBLERS ANONYMOUS MINI-CONFERENCE 2026

Making Connections • Building Strength • Choosing Recovery



MAKING
Connections



BUILDING
Strength



CHOOSING
Recovery



DATE:
Saturday,
September 26, 2026



TIME:
9:00 A.M. –
3:30 P.M.



LOCATION:
25 Gibbard Avenue,
Nepean, ON, K2G 3T9



ABOUT THE CONFERENCE

Join fellow members and supporters for a full day gathering focused on connections, building strength, and personal growth and recovery. Whether you're new to Gamblers Anonymous or have been part of the community for years, this conference offers a safe, supportive space to learn and share.



WHO SHOULD ATTEND

- Gamblers Anonymous members and newcomers
- Individuals seeking recovery from problem gambling
- Gam-anon members
- Family members and loved ones



EVENT HIGHLIGHTS

- ✓ Keynote speakers: Pressure Relief Group Meeting (PRGM)
- ✓ Workshops/Group Sharing Sessions: collaborative, supportive, confidential and empowering
- ✓ Refreshments & Light Lunch Provided



VOLUNTEERS

We are looking for volunteers in a variety of capacities to help make this day a success. Please contact your room representative to sign up.



REGISTRATION

- Available online or in-person at your GA meeting
- Early Bird - **\$20** (up to and including August 31, 2026)
- After September 1st, 2026 - **\$25**
- Can pay registration with cash to your room rep or by e-transfer to ga.ottawancr@gmail.com
- Sponsorship will be available if required (please notify your room representative)
- Please note: **Refunds are not available after registration**



CONTACT INFORMATION

For questions or additional details, please consult your room representative, or contact the helpline by phone at **(613-567-3271)** or email ga.ottawancr@gmail.com.



“One day at a time”
A DAY OF HOPE AND HEALING

